



# School Health Services

## Absence Call-In

**\*All students must be accounted for, every day, for safety reasons.**

Parents must call in to their child's school each day that the child is absent or will be late. Police may be called if a child is absent without notification.

## Emergency Cards

Please complete **both sides** of the card, sign it, and return it promptly to your child's school.

**If your home, cell, work, and/or emergency numbers change during the school year, please call the nurse so your child's card can be updated. We must be able to contact you in case of illness or injury to your child.**

## Crutches and Casts and Slings and Things....

If your child has an injury which requires the use of crutches, slings, boots, etc., or is casted, please send a doctor's note or the Emergency Room instruction sheet to the school nurse. We will then help arrange any accommodations which might be needed, such as a "book buddy" or a physical education excuse.

## Medication Policy

All medication to be taken during school hours must be left in the Nurse's Office and administered by the nurse.

Exception: a parent may come to school to administer medication to his/her own child at any time.

All medications, including over-the-counter items such as Tylenol and cough syrup, must have a note from both the doctor and the parent.

### **No medication will be given without these notes.**

The medication must be in its original container or pharmacy-labeled container. **Do not bring pills to school in envelopes or plastic bags. The Nurse will not accept them.** A parent or other responsible adult over 18 must bring medication to school in appropriate containers.

Many physicians are able to provide the required note via fax directly to your child's school. Parents must call the doctor's office to make this arrangement. School fax numbers are on the next page.

All medication must be picked up from the Nurse's Office by the last day of school. Any remaining medications will be discarded—they may not be held over the summer.

Many school communications will be sent via School Messenger. Please make sure that your email address is correct on the Genesis Parent Portal.

## Physical Exams

All exams must be done by your family physician. It is important to your child's health that he/she be examined at least once during childhood (gr K-3), pre-adolescence (gr 4-6), and adolescence.

## Sports Physicals

Any middle school student wanting to try out for sports teams must submit an exam done within the previous 365 days before the tryout. The required forms are available from the nurse or the middle school websites under "Activities". Notice about upcoming tryouts each sport season are given via the daily announcements. In addition, the nurses send a letter via School Messenger to every middle school student approximately one month before each sport season (in June for fall sports) to inform them of procedures and the deadline for the physical exam forms. Fifth grade students receive notice every June to introduce them to middle school sports.

Please call the middle school nurses if you have any questions.

[www.evesham.k12.nj.us](http://www.evesham.k12.nj.us) click on De-Masi Middle or Marlton Middle

## New Students

Every student new to the district must be vaccinated according to New Jersey regulations. The nurse will examine all health records and notify parents if any immunizations or examinations are required.

## Annual Screenings

All students will have an annual **growth survey** ( height and weight) and **blood pressure** measurement.

**Vision and/or hearing** tests are done per state requirements.

**Scoliosis screening**, also required by law, is conducted for students in 5th and 7th grades. The purpose of the screening is to recognize scoliosis (curvature of the spine) in the early stage. If you do not want your child screened for scoliosis, you must state this in writing to the school nurse before October 1st. If your child has already been diagnosed with scoliosis, please inform the nurse.

Any deviations from normal in these annual screenings will be reported to parents for follow-up by your doctor.

**Please be sure to return the referral forms to the school nurse after the doctor has completed them**



### Head Lice

Head lice can be present wherever children are together. Please examine your child's head on a regular basis ( a couple of times per month) to check for these pests. They do not cause illness.

If you find live lice, please contact your physician for treatment advice, and inform the school nurse.

Evidence-based information about dealing with lice and a handy treatment schedule can be found on the Evesham Township School District website.

### New Jersey Family Care

The state of New Jersey has a health insurance program for children. This is a comprehensive insurance for working parents who do not receive coverage from their jobs or who cannot afford to purchase insurance. A family does not have to be "poor" to qualify for this insurance, although there are income limits. Please contact your school nurse for information and/or application forms if you are interested in this program.

You can apply online at [www.njfamilycare.org](http://www.njfamilycare.org), or call 1-800-701-0710 (multilingual operators will help).



### **AED—Automated External Defibrillator**

All Evesham schools are equipped with two AEDs, with more for middle school sports teams. All school nurses and select other staff , including physical education teachers and sports coaches, are trained in their use. Each school has an emergency response team.

Questions? Please feel free to call or email your school nurse with any questions or concerns.

SCHOOL	NURSE	PHONE	FAX	EMAIL
Beeler	Mrs. Cerdan, RN	988-0619 x1504	988-0495	<a href="mailto:cerdanc@evesham.k12.nj.us">cerdanc@evesham.k12.nj.us</a>
Jaggard	Mrs. Mathew, RN	988-0679 x4504	988-7788	<a href="mailto:mathewr@evesham.k12.nj.us">mathewr@evesham.k12.nj.us</a>
Marlton Elementary	Mrs. Perocho, RN	988-9811 x8604	988-9812	<a href="mailto:perochom@evesham.k12.nj.us">perochom@evesham.k12.nj.us</a>
Rice	Mrs. Patouhas, RN	988-0685 x6504	988-7799	<a href="mailto:patouhast@evesham.k12.nj.us">patouhast@evesham.k12.nj.us</a>
VanZant	Mrs. Riley, RN	988-0687 x7504	988-8989	<a href="mailto:rileyc@evesham.k12.nj.us">rileyc@evesham.k12.nj.us</a>
Marlton Middle	Ms. Dziura, RN	988-0684 x8504	988-9327	<a href="mailto:dziuraa@evesham.k12.nj.us">dziuraa@evesham.k12.nj.us</a>
DeMasi Middle/Elementary	Mrs. Balmer, RN	988-0777 x2703	596-1571	<a href="mailto:balmera@evesham.k12.nj.us">balmera@evesham.k12.nj.us</a>